

Name _____

Summer 2024 Enrichment Classes

Freshmen & Sophomores

During the Summer Session, you will take your choice of "Enrichment" classes in the afternoons (1-4pm). These classes are designed to allow you to explore different fields and expand your interests. Below are your options for both Monday/Thursday (front) and Tuesday/Friday (back) Enrichment courses.

Please indicate your FIRST (1), SECOND (2) and THIRD (3) choice* on both FRONT and BACK. We will make every effort to honor your first choices.

Monday/Thursday

List first (1), second (2) and third (3) choice

_____ **American Music Odyssey: A Deep Dive Into the World of Music**

An exploration of the origins of blues, country, jazz, rock-n-roll and hip hop, with special focus on the music of Appalachia, the Women of Country Music and the foundations of Rock-n-Roll. In addition, every class will have two "Songs of the Day," one instructor pick and one student pick. We will examine the lyrics, the structure of the song, the instrumentation, the recording and production techniques and the feelings that the songs evoke from the listeners. Students will be tasked with creating their own song in the American style of their choice (performance will be encouraged but NOT required), and/or profiling an artist or musical genre of their choice.

_____ **Introduction to Psychology: Understanding the Human Mind**

The purpose of this psychology course is to introduce students to the systematic and scientific study of the behavior and mental processes of human beings and other animals. Students are exposed to psychological facts, principles, and phenomena associated with some of the major fields of Psychology. Major units include Why Psychology & Who am I?; The Brain; Sensation & Perception; Learning; Social Psychology.

_____ **Fitness Fun: Energizing Workouts & Racquet Sports**

This is a two-part course. Part one will emphasize physical fitness and a healthy lifestyle through different basic exercises and fun physical activities. Part two will emphasize racquet sports as part of your fitness regime where we'll learn the ins and outs of tennis, pickleball, badminton and much more!

Name _____

Tuesday/Friday

List first (1), second (2) and third (3) choice

_____ **Future Healthcare Leaders: Adventures in Nursing and Healthcare**

This engaging and hands-on course is designed for students who are passionate about exploring careers in nursing and healthcare. This class offers a unique blend of hands-on learning, expert insights, and real-world experiences. Throughout this program, students will:

- Learn essential skills like first aid, CPR, IV insertion, and basic patient care through interactive sessions and simulations.
- Discover the wide range of professions in the healthcare field.
- Enhance communication, teamwork, and problem-solving abilities essential for any healthcare professional.
- Participate in interactive workshops and simulations that mirror real-life scenarios.
- Gain exposure to the latest advancements in medical technology and healthcare practices.

_____ **Artistic Adventures: Explore Your Creativity**

This dynamic and engaging class is designed for students of all skill levels who are eager to explore their creativity and develop their artistic talents. Throughout the course, students will experiment with a variety of mediums, including drawing, painting, sculpture, and mixed media.

Key features of the course include:

- Learn the fundamentals of drawing, painting, and sculpture, including techniques in perspective, shading, color theory, and composition.
- Work on diverse projects that encourage self-expression and experimentation, allowing each student to find their unique artistic voice.
- Create a collection of finished pieces that can be used for personal enjoyment or as part of a portfolio for college applications.

_____ **The Human Experience: Discovering Our World Through Anthropology**

Join us in this engaging course to embark on a journey through time and space, uncovering the incredible story of humanity. Whether you are interested in ancient civilizations, modern cultures, or the biological aspects of being human, this course offers a basic introduction to the diverse and dynamic field of anthropology. The course will touch on each of the four main branches of the field:

- Cultural Anthropology: Study contemporary cultures and societies, examining social practices, traditions, and beliefs.
- Biological (Physical) Anthropology: Explore human biological diversity, evolution, and the physical adaptations of humans over time.
- Archaeology: Investigate past human societies through the excavation and analysis of artifacts, structures, and other material remains.
- Linguistic Anthropology: Understand the role of language in human societies, including language development, usage, and its influence on social life.